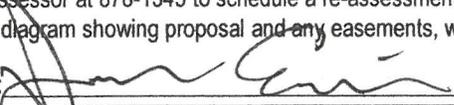


Appeal Period Expires 2/4/26
 Zoning District B1

Town of Essex, Vermont
Application for Zoning Permit
 (Building Permit)

Application Date 1/1/26
 Permit Number 2026-046

- Prior to construction, you are responsible for identifying and obtaining all necessary State permits and approvals, including State environmental permits from the VT Agency of Natural Resources. For State environmental permits, visit the Permit Navigator (dec.vermont.gov/permitnavigator). For further assistance, contact the Department of Environmental Conservation's Environmental Assistance Office at ANR.DECAssistance@vermont.gov or 802-828-0141.
- Post permit card visible to the road immediately as Permit is appealable within 15 days of issuance and during construction.
- Call the Zoning Administrator at 878-1343 to schedule a Certificate of Occupancy inspection, if indicated below as required.
- Call the Assessor at 878-1345 to schedule a re-assessment upon completion of work.
- Provide a diagram showing proposal and any easements, well or septic locations, etc.

SIGN HERE: 

A

Parcel Account Number (Map-Parcel-Lot): 2-047-001-001
 Property Address: 20 Susie Wilson Rd, Unit 15
 Owner: Jim Ewing *aka 20 Susie Wilson Rd LLC*
 Owner Address: _____
 Owner Phone 1: 802-343-7747 Phone 2: _____
 Email: cjewing4@gmail.com
 Tenants/Contractor Name: Kate Sherman - SoulStrength PC
 Phone: 802-309-1813 Email: SoulStrengthPC@gmail.com
 Estimated Construction Dates: Start: 2/5/26 Completion: 1/1/26
 Square Feet: 1500 Estimated Cost (labor & materials): \$ _____

H

Check box(es) which describe proposed use or construction (circle choice in parenthesis).
 N = New A = Addition R = Remodel

Residential:	N	A	R
Single Family	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Two-Family (duplex) (other)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Multi-Family	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Condominium/Townhouse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mobile Home	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Inclusions or Additions:			
Garage (attached) (detached)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Porch (enclosed) (open)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Deck	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pool (in ground) (above ground)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Shed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Barn (residential) (agricultural)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Non-residential:			
Commercial/Industrial	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stormwater:			
Stormwater <i>Use permit health counselor</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Erosion Control <i>Support groups</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other:			
Change in Use	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Miscellaneous	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Renewal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

B

SEWAGE DISPOSAL (Please attach State Septic Approval or Sewer Service Application)
 Public Septic Connection Fee: \$ EXISTING Date Paid: 1/1/26
 Proposed New Bedrooms: _____ Existing Bedrooms: _____

C

WATER (Please attach Water Service Application)
 Public Well Connection Fee: \$ EXISTING Date Paid: 1/1/26

D

FIRE IMPACT FEE
 Proposed New Bedrooms: X Fee: \$ _____ Date Paid: 1/1/26
 Non-residential: Square Feet _____ Number of Employees: _____

E

DRIVEWAY (Please attach copy of approved Curb Cut / Utility Application)
 Date of approval: 1/1/26 EXISTING

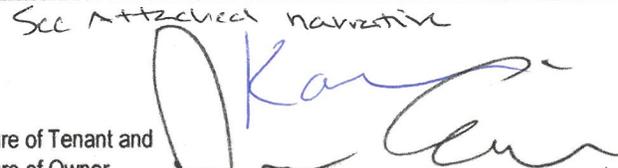
F

STORMWATER N/A
 Project disturbs an area greater than or equal to 1 acre – Erosion Control Permit Required. Attach completed permit application.
 Project creates new or expands existing impervious surfaces ≥ ½ acre – Erosion Control Permit and Stormwater Management Permit required. Attach completed application permit.

G

Diagram – show a sketch of project on reverse of this application or separate sheet with property lines, buildings and setbacks.

See attached narrative



Signature of Tenant and
 Signature of Owner

OFFICE USE ONLY

Fees:	Amount	Date Paid
Permit	\$ <u>150</u>	<u>1/15/26</u>
Recreation	\$ _____	<u>1/1/26</u>
Recording	\$ <u>30</u>	<u>1/15/26</u>
Certificate of Occ.	\$ <u>100</u>	<u>1/15/26</u>
Other	\$ _____	<u>1/1/26</u>

BUILDING PERMIT

Approved Rejected Date 1/20/2026
 Issued to: 20 Susie Wilson Rd LLC
 Zoning Administrator: Juan Kelly
 Notes: _____
 Certificate of Occupancy Required Yes No

THIS PERMIT IS VALID FOR TWELVE (12) MONTHS FROM DATE OF ISSUE.
 RENEW FOR 1 YEAR (EVEN) IF NOT EXPIRED

Soul Strength, PLC- Use Narrative

Kate Sherman, the sole proprietor, is a licensed mental health counselor intending to use the space for support groups as well as individual therapy sessions. Groups will include up to 12 participants and may include movement, talk therapy (group therapy), and other expressive therapies.

In addition to Kate, there may be other mental health providers utilizing the space for groups at times. There will generally be one clinician in the space at a time.

Hours of operation are typically between 8am and 8pm and will vary within those times depending on the day. Groups and workshops may also take place on the weekends. Anticipate up to 8 groups/workshops per week, and an additional 8-10 individual meetings.

Client traffic will be occasional within those hours. Anticipate an average of 6 individuals during high traffic times. Parking will also be an average of 6 spaces per group session, with approximately 8 groups per week, including weekends. 8-10 individual meetings may also take place during the week, and will need 2 parking spaces during those times.

Very rarely will deliveries take place, other than up front when the office is being furnished.