

Appeal Period Expires 7/15/25  
 Zoning District MXD-C

**Town of Essex, Vermont**  
**Application for Zoning Permit**  
 (Building Permit)

Application Date 06/28/25  
 Permit Number 2025-96

- Contact State Permit Specialist Jeff McMahon (477-2241) to check for state permitting and/or setbacks.
- Post permit card visible to the road immediately as Permit is appealable within 15 days of issuance.
- Call the Zoning Administrator at 878-1343 to schedule a Certificate of Occupancy inspection if indicated below as required.
- Call the Assessor at 878-1345 to schedule a re-assessment upon completion of work.
- Provide a diagram showing proposal and any easements, well or septic locations, etc.

**SIGN HERE:**

Rick Bove  
Rick Bove (Jun 25, 2025 18:09 EDT)

**Parcel Account Numb. (Map-Parcel-Lot)** 2-091-001-008

Property Address : 8 Carmichael St, Suite 206, Essex VT  
 Owner: Rick Bove HQI Real Estate Inc  
 Owner Address: 218 Overlake Drive, Colchester, VT 05446  
**A** Owner Phone: (work) \_\_\_\_\_ (Cell) 802-999-9998  
 (Email) RickBove@comcast.net  
 Tenants name: Aya Inoue LICSW, LLC Phone: (802) 999-8689  
 (or contractor) Cell: (802) 999-8689  
 Estimated Construction Dates: Start: 6/30/25 Completion: 7/15/25  
 Sq. Feet: 10x16 Estimated Cost (labor & materials): \$ 0  
(Est)

**G**

Check box(es) which describe proposed use or construction (circle choice in parenthesis).

**N = New A = Addition R = Remodel**

<i>Residential:</i>	N	A	R
Single Family	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Two-family (duplex)(other)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Multi-family	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Condominium / Townhouse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mobile home	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Inclusions or Additions:</i>			
Garage (attached) (detached)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Porch (enclosed) (open)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Deck	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pool (in) (above) ground	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Shed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Barn (residential) (agriculture)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Non-residential:</i>			
Commercial / Industrial	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Stormwater:</i>			
Stormwater	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Erosion Control	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Other:</i>			
Change in use	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Miscellaneous	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Renewal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

*office consultation done see attached*

**Sewage Disposal** (Please attach Sewer and/or State Septic Approval).

Public  Septic  Connection Fee \$ \_\_\_\_\_ Date Paid: \_\_\_/\_\_\_/\_\_\_  
 Proposed New Bedrooms: \_\_\_ Existing Bedrooms: \_\_\_

**C Water** (Please attach Water Service Application if applicable).

Public  Well  Fee \$ \_\_\_\_\_ Date Paid: \_\_\_/\_\_\_/\_\_\_

**D Driveway** (Please attach copy of approved Curbcut / Utility Application).

Date of approval : \_\_\_/\_\_\_/\_\_\_ existing

**E Stormwater**

Project disturbs an area greater than or equal to 1 acre – Erosion Control Permit Required. Attach completed permit application.

Project creates new or expands existing impervious surface greater than or equal to 1/2 acre – Erosion Control Permit and Stormwater Management Permit required. Attach completed permit application.

NA

**F Diagram** – Show a sketch of project on reverse of this application with property lines, building, and setbacks or attach separate sheet.

**Office Use Only**

Fees:	Type	Amount	Date Pd
Permit		\$ <u>150</u>	<u>6/30/25</u>
Recreation		\$ <u>15</u>	<u>6/30/25</u>
Recording		\$ _____	____/____/____
Certificate of Occ		\$ <u>51.50</u>	____/____/____
Other		\$ _____	____/____/____

**Building Permit**  
 Approved  Rejected  Date 6/30/25  
 Issued to: Rick Bove / Aya Inoue  
 Zoning Administrator: Sharon Kelley  
 Notes: \_\_\_\_\_  
 \_\_\_\_\_  
 C.O. Required Yes  No   
 (Certificate of Occupancy)

Aya Inoue Rick Bove  
Rick Bove (Jun 29, 2025 18:09 EDT)

Signature of Tenant and  
 Signature of Owner

**THIS PERMIT VALID FOR TWELVE (12) MONTHS FROM DATE OF ISSUE  
 RENEW FOR 1 YEAR (FREE) IF NOT EXPIRED**

Aya Inoue, LICSW, LLC  
1 Pine St, Burlington VT 05401  
(802) 999-8689

**Business Plan:**

8 Carmichael Street, Suite 206, Essex Jct VT 05452  
Start of Lease: July 1, 2025

- My business is owned and operated by myself only. I have no employees.
- I will use this as a commercial space to provide psychotherapy and consultation.
- I see between 1 – 7 clients per day in a hybrid (online and in person) model
- There is a large parking lot with ample space for clients to park
- Schedule:
  - Monday: 9:00 – 6:00
  - Tuesday: 9:00 – 6:00
  - Wednesday: 9:00 – 6:00
  - Thursday: 9:00 – 6:00
  - Friday: 9:00 – 6:00
  - weekend: closed - occasional weekend appointments offered as needed/requested
- psychotherapy private practice offering 30, 45, or 60 minute sessions and consultation both in-person and virtually to individual clients (adolescents, adults).