

Appeal Period Expires <u>04/05/11</u>	<b>Town of Essex, Vermont</b> <b>Application for Zoning Permit</b> www.essex.org	Application Date <u>1-1</u>
Zoning District <u>BDC Center</u>		Permit Number <u>2011-15</u>

All construction is to be completed in accordance with the Town of Essex Zoning Regulations and any/all federal or state regulations now in effect. You are required to post this permit in a conspicuous location on the property during the appeal period and it must remain posted throughout the construction period. You are required to contact the necessary state agencies to obtain state permits @ 879-5676.

Any interested person may appeal the decision of the Zoning Administrator to the Zoning Board of Adjustment within fifteen (15) days of the permit's date of issuance. Commencing construction within this fifteen (15) day appeal period is prohibited by law.

Signed: [Signature]

Parcel Account Numb. (Map-Parcel-Lot) 2-287-001-2011  
(found in Town Assessor's Office)

Property Address: 51 CENTER ROAD ESSEX VT 05452

Owner: 51 CENTER ROAD LLC

Owner Address: c/o Pomerleau Real Estate PO Box 6 Burlington VT 05409

Owner Phone: (work) 863-8210 (home) \_\_\_\_\_ (cell) \_\_\_\_\_ (Email) SWAXLER@vermontrealstate.com

Contractor's name: \_\_\_\_\_ Phone: \_\_\_\_\_  
tenant Josh Cate Cell: 233-0094

Estimated Construction Dates: Start: 1/1 Completion: 1/1

Sq. Feet: \_\_\_\_\_ Estimated Cost (labor & materials): \$ \_\_\_\_\_

**G**

Check box(es) which describe proposed use or construction (circle choice in parenthesis).  
N = New A = Addition R = Remodel

<b>Residential:</b>	N	A	R
Single Family	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Two-family (duplex)(other)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Multi-family	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Condominium / Townhouse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mobile home	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Inclusions or Additions:</b>			
Garage (attached) (detached)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Porch (enclosed) (open)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Deck	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pool (in) (above) ground	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Shed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Barn (residential) (agriculture)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Non-residential:</b>			
Commercial / Industrial	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Stormwater:</b>			
Stormwater	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Erosion Control	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Other:</b>			
Change in use	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Miscellaneous	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Renewal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**B Sewage Disposal (Please attach Sewer or Septic Application).**

Public  Private  Connection Fee \$ \_\_\_\_\_ Date Paid: 1/1

Proposed New Bedrooms: \_\_\_\_\_ Existing Bedrooms \_\_\_\_\_

**C Water (Please attach Water Service Application).**

Public  Private  Fee \$ \_\_\_\_\_ Date Paid: 1/1

**D Driveway (Please attach copy of approved Curbcut / Utility Application):**

Date of approval 1/1

**E Stormwater**

Project disturbs an area greater than or equal to 1 acre – Erosion Control Permit Required. Attach completed permit application.

Project creates new or expands existing impervious surface greater than or equal to 1/2 acre – Erosion Control Permit and Stormwater Management Permit required. Attach completed permit application.

**F Diagram – Show a sketch of project on reverse of this application with property lines, building, and setbacks or attach separate sheet. (Instruction sheet available upon request.)**

See 2011 Approval for dance studio 6-3-91. see permit # 158-1991. martial Arts studio to operate within above approval.

**G Signature of Tenant and Signature of Owner**

[Signature] [Signature]

**Office Use Only**

Fees	Type	Amount	Date Pd
Permit		\$ <u>200.00</u>	<u>1/1/11</u>
Recreation		\$ _____	
Recording		\$ <u>100.00</u>	<u>01/15/11</u>
Certificate of Occ.		\$ _____	
Other		\$ _____	

Approved  Rejected  Date \_\_\_\_\_

Issued to Center Rd LLC

Zoning Administrator: [Signature]

Notes: attached for a permit on existing sign

GC Required Yes  No

03/16/11  
03/16/11  
Files

F Diagram - Provide diagram here and include all setbacks 'FEELS LIKE HOME'

DAY CARE



REF 15

# Warrior Hill Allegiance of The Arts

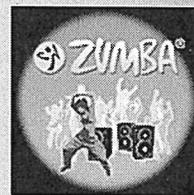
Discover Your Inner Warrior

HOME

ABOUT US

CONTACT US

Warrior Hill Allegiance of The Arts is a community center in Essex, Vt. that is designed to provide a wide variety of dynamic programming to all those who have a desire to learn something new and be part of a great collection of people. We offer classes in Mixed Martial Arts, Cardio Combat for women, Music instruction, Art instruction, Yoga, Zumba, Horticulture, Academic Tutoring, and much more! Our instructors are experienced professionals who will guide students through the program of their choice. We offer kids, teen, and adult classes as well as space rentals for events or parties. Continue to check our website as class offerings may change monthly.



Energy, Earth and International Water, the ocean, just energy and more to come. We have Fun! Zumba is taught by certified instructors.

**Coming soon!**

**Women's Assault Prevention course-** Jeff Richer is a 2nd degree black belt in Chinese Shaolin Kempo. He has taught assault prevention to women for eight years. Jeff will instruct participants in proactive assault recognition and hands on techniques to prevent an actual assault. This will be a periodic course that will be taught over two days for a total of four hours. There will be room for ten participants. Schedule is TBA but sign up now to secure your spot!

**Rates:**

*Private sessions are available upon request.*

**Kardio Kids( ages 2-4)-** 2xper week \$50 a month. 3xper week \$95 a month

**Little Dragons( ages 2-6 ) and Tiger Kids MMA( ages 7-10 )-** 1xper week \$35 a month

**Junior MMA( ages 10-14 )-**1xper week \$40 a month or 2xper week \$80 a month

**Adult MMA-(ages 15 and up)-**1xper week \$40 or 2xper week \$80 a month

**Zumba- Drop in classes** \$9

**All other classes include a 9 week curriculum:** classes that meet 1xper week \$90 per 9 weeks. Classes that meet 2xper week \$180 per 9 weeks.

**Punch passes are available**

**Call or e-mail for a complete schedule**

**Phone: 802-233-0094**

**e-mail: [warriorhill32@yahoo.com](mailto:warriorhill32@yahoo.com)**

**Location:**

51 Center rdEssex, VT 05452

**Hours:**

Mon - Fri: 1:30pm-8:00pm

Sat: 9:00am-3:00pm

Sun: Closed



## About Us

Program Director Josh Cate, has fifteen years of experience with direct instruction and program development. He has co-created two alternative high school programs and worked closely with members of his community to foster local dynamic programming. Josh has discovered his passion in mixed martial arts and currently trains at Martial Way Self Defense Center in Milton, Vt and is a member of Revolution Team. He has competed in numerous martial arts events and has trained many martial arts students. A teacher by craft, Josh has seen first hand the many benefits that martial arts and the dojo can provide, both physically and emotionally, and has made it his mission to share this emotional well being with the community .

Warrior Hill Allegiance of The Arts was born out of the belief that the community deserves a venue where people can come and feel connected and invested in their own desire to learn. Through the arts, students will discover their talents and abilities while feeling a deep connection to the Warrior Hill community. The program offers a variety of classes taught by hand picked instructors that are truly passionate about the subjects they teach. Below is just an example of some of the classes we have to offer!

**Mixed martial arts-MMA** is one of the fastest growing sports in the world today! MMA incorporates techniques from boxing, muay thai kickboxing, taekwondo, karate, Brazilian jui jitsu, judo and wrestling. Whether you are looking to gain skills in martial arts, learn effective self-defense, participate in event competition, or simply get a great workout and have fun, MMA offers it all. MMA class will include cardio circuit drills, pad work, applied technique through partner training and sparring, if desired. The traditional MMA class will be offered to teens and adults.

**Combat Cardio for women-** The MMA workout has been recently endorsed by many health professionals as one of the best overall workouts out there today! This class incorporates various MMA workouts and drills that provide cardiovascular health, strength building, body toning, and weight loss. Through learning practical self-defense techniques, students will work towards improving their overall health in a safe and non-intimidating environment. You will leave this class with a sweat guaranteed!

**Martial arts for kids-** This class includes much of the above MMA class content but with accommodations for the little ones. The martial arts teach relevant life lessons that have cross over benefits for kids of all ages and often can become a positive life long passion for those who become hooked. In this class, students will learn various martial arts techniques and fitness training through a multitude of dynamic and fun martial arts related activities and games. A great class for kids with a lot of energy needing an outlet

**Kardio Kids-** The little ones have a lot of energy and sometimes not enough space or structure to use it to their fullest. Kardio Kids class is designed to provide structured activities that are both fun and healthy. Kids will have the opportunity to engage in a variety of games and drills that focus on skill building, cardio health, and social skills.

**Art & Music-**Warrior Hill has great pride in the creative talents and abilities of our art and music instructors. Our art program offers classes in drawing, painting, sculpture, animation, comic book development, graffiti arts, wood art, mosaics, anime, etc. Our music program offers lessons in guitar, bass, drums, band formation and jamming.

**Tutoring-** Many students today need extra support and time to learn specific subjects and raise both their academic grades and interest in particular academic subjects. Our tutoring program offers a long list of academic subjects that are taught either in a private or group session. Students will be instructed by teachers that are both professional and experienced in teaching youth, and enthusiastic about subject matter delivery. At Warrior Hill we value both traditional and non-traditional learning styles, and class curriculum can be designed to address the particular needs of the student.

**This I Believe writing course-** "This I Believe" is a very unique writing curriculum designed to take students on a personal journey through their own thoughts, beliefs, viewpoints, and experiences, while enhancing essay writing skills. Great for high school students preparing for the college admissions essay process. Instructor Alexandra Sanchez delivers this course with both passion and experience while creating a dynamic learning environment where students feel comfortable and inspired.

**Horticulture with Chip Horton-** Chip has over 30 years of experience with horticulture and landscape management. He acted as Tree Coordinator for the Central park Conservancy in New York City's Central Park. Warrior Hill is honored to have Chip on board to offer his expertise in this field. In this class students will learn valuable information about plants, trees, pruning, planting placement, landscaping, and property value enhancement. Homeowners will learn how to develop and transform their grounds into beautiful works of art. Through power point, lecture, and hands-on field work, students will leave this class with a wealth of information and skills in regards to horticulture management.

**Yoga-** Yoga has long since been regarded as a great tool for a healthy mind, body, and spirit. Our yoga instructors will guide students on this spiritual journey and promote an overall healthy and positive well being. Kids and adult classes

**Zumba-** Latin inspired dance fitness program that features exotic rhythms set to high energy Latin and international beats. Increase your energy and fitness levels while having